gratitude inspires...
It’s heartwarming to see how gratitude inspires many of our donors to give back. Gratitude for lifesaving care…a kind word…a warm smile…a compassionate touch.

The reasons behind giving are personal and special. In one heartfelt letter, a father from Arkansas thanked the entire Barnes-Jewish Hospital staff for the tremendous care his daughter received that saved her life. He then enclosed a donation in honor of the hospital team.

Another kind woman sent a note that said: “Been sort of short on cash the last few months so this is the best I can do for now.” She had enclosed $3—she gave from her heart.

Other donors made heartfelt gifts in honor or memory of friends and family members. And some donors give to move research forward so others can live healthier lives.

Your gifts clearly illustrate the power of gratitude. Our generous donors are inspired to give to make life better for others. In turn, your selfless generosity inspires in every day. Thank you!

As a donor, you’re in good company. Our donors cover every demographic and nearly every zip code. Some live as far away as China; others are from distant corners of the U.S.; and many are St. Louisans who are proud to support one of the crown jewels of the city. And all are grateful in some way.

The difference one act of gratitude can make is profound. The Foundation for Barnes-Jewish Hospital provides a special opportunity for patients, families, and friends to express their thanks and appreciation. Our donors have even told us that it’s a healing experience to give. And they’re right.

A study from the National Institutes of Health shows the brain’s pleasure centers light up when people give to charity. They truly experience a “warm glow” by giving. As one of our valued donors, we trust you’ve felt this, too.

Through your generous gifts…

- We’re moving forward vital research that leads to treatment breakthroughs…
- We’re supporting essential patient care and services for those who need financial assistance…
- We’re providing nursing scholarships and continuing education opportunities…
- We’re enabling vital community outreach programs, including more than 30,000 flu shots for people all over the St. Louis area…
- And thanks to the outpouring from caring donors, a new hospice house called Evelyn’s House is opening soon in St. Louis.

All this important work is possible because of you.

As we look toward the future, we’re tremendously grateful for your partnership and trust as we work together to make life better for all our families and friends. Thank you!

Sincerely,

Susan J. Ell
Executive Director and Vice President
The Foundation for Barnes-Jewish Hospital

Kenneth H. Suelthaus
Chairman of the Board
The Foundation for Barnes-Jewish Hospital

Your inspired gratitude allows the Foundation to do so much good in our community and beyond. Donors to the Foundation support the work and missions of:

Barnes-Jewish Hospital
Barnes-Jewish West County Hospital
BJC Hospice and Evelyn’s House
Goldfarb School of Nursing at Barnes-Jewish College
Siteman Cancer Center
Washington University School of Medicine
As a child in Dallas, Jennifer Hillman remembers volunteering side-by-side with her parents and giving back to the community from a very early age.

Some of her fondest childhood memories include helping her mother at the National Council of Jewish Women thrift shop where she volunteered, and accompanying her father to tutor children in disadvantaged communities.

“My parents believed it was a responsibility to give back,” Jennifer says. “They gave their time, their talent, and what treasure they were able to give.” Their life lessons made a mark in many ways. For example, when Jennifer had her bat mitzvah, she asked friends and family to donate to charity in lieu of gifts, understanding that their gifts could make a greater impact on the community.

Jennifer and her husband, Tom, now pass on their legacy of giving to their children, and to future family generations.

“I grew up knowing it was important to give back,” Jennifer says. “It doesn’t matter whether your gift is big or small. It’s about the action of giving. It stays with you. To me, the best form of philanthropy is when it grows with you. As you have more, you can give more.”

Today, she is committed to improving the community through volunteering, working passionately on programs important to their family, and giving to causes throughout the St. Louis area. Through the years, many of Jennifer’s family and friends have lost their lives to cancer, and today she knows many courageous survivors. They all inspire her to contribute to The Foundation for Barnes-Jewish Hospital’s Cancer Frontier Fund to advance innovative cancer research at Siteman Cancer Center so more people will win their battle with the disease.

“Tom and I are risk-takers,” Jennifer says. “We’re out-of-the-box thinkers, and we’re big believers that innovative ideas are the ones that will produce results in the future—including in the field of cancer research. If we don’t stay ahead of it, we’ll never catch up to it. And more people will lose their lives.”

She continues: “The survivors in my life are my inspiration. There are so many more survivors than ever thanks to innovative research. With continued advances, we can keep them alive and with their families longer.”

In the Jewish faith, tzedakah boxes—also known as pushkas or charity boxes—are used to collect coins for those in need. The Hillmans’ collection (pictured left) are a symbol of giving in their home.
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Read how medical breakthroughs saved Paul Ripley’s life—and inspired him to give back to medical research to benefit future generations (page 16)
For Isaac Butler, pharmacist, board member and donor to The Foundation for Barnes-Jewish Hospital, serving the community is almost second nature—and a part of his guiding philosophy.

“My personal mission is to serve and empower,” he says. “The foundation of that is gratitude.”

This mission led him to use his training as a pharmacist to give back and help multicultural high school students pursue careers in health care and increase the diversity in the workforce. In 2008, he and fellow pharmacist Steven Player created a six-week immersive summer program called BESt Pharmacy Summer Institute. The program pools the resources and talent of the organizations it’s named for: Barnes-Jewish Hospital, Express Scripts, and St. Louis College of Pharmacy.

Through site visits and lectures, the course exposes local underrepresented minority students to opportunities in pharmacy and prepares them to apply for college. Isaac says he benefited from similar programs and mentors as a student and young professional.

“Being able to give back is something I think is a requirement of every person because so many people have helped me,” he says. “I’m a firm believer that to whom much is given, much is required. Nothing can be done alone.”

The program, funded by The Foundation for Barnes-Jewish Hospital and Express Scripts, has exceeded all expectations; all of the program’s participants have been accepted to college, and most are working toward careers in health care and pharmacy.

“I had a lot in common with these students when I was in high school,” Isaac says. “I see myself in them. I see the potential in them. I know each and every time we engage those students, it gives them a little hope and a glimpse of what things could be like for the future.”

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G R A T I T U D E I N S P I R E S . . .

Mortars and pestles were commonly used in the early days of pharmacy and have become a symbol of the profession. Isaac is committed to making the career path accessible to more students.
inspired her to care for others.

Read more about

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Mr. and Mrs. Clark Bastian

Mr. and Mrs. John W. Barton

Ms. Jennifer A. Barton

Mrs. Nancy Barris

Mr. Charles Barrett

Mr. and Mrs. Clarence E. Barr Jr.

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Mr. and Mrs. Michael Hughes

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Mr. and Mrs. John Hultgren

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In 1948, when Paul Ripley—a retired educator and award-winning photographer—was just 18 years old, his father began experiencing severe heart pain. At the time, there weren’t any effective treatments for his condition.

“Back then, there was no open-heart surgery,” Paul says. “We couldn’t do anything but sit there and watch my father die.”

Years later when Paul started experiencing his own heart problems, medical research had advanced just in time. Leading-edge treatments saved his life. Paul was one of the first patients in the country to undergo a bypass surgery. Later, he had two additional heart surgeries.

“I’ll be 86 in May and I have no right to be this old,” Paul says with a laugh. “But I’ve turned to medicine. It seems like any time I had a problem, the treatment—a new medicine or new procedure—came out when I really needed it. Because of that, I have a deep respect and gratitude for medical research.”

His generous gifts to The Foundation for Barnes-Jewish Hospital ensure that heart and vascular physicians at Barnes-Jewish Hospital will continue to lead the field in developing new treatments to benefit future generations of patients like Paul and his father.

“I consider my giving to be an investment,” Paul says. “I was luckier than my father. We couldn’t do anything for him, but medicine progressed right on time and my life was saved. Supporting research pays great dividends in prolonging life in a way that allows a person to stay productive, have health and happiness, and still be a part of the community.”

Paul is an award-winning photographer (see his work, left), avid fisherman, and lifelong musician. Leading-edge treatments keep him healthy—and doing the things he loves.
Penny Bari has a long history of taking care of others. When Penny was young, her grandmother lived with her family; Penny helped care for her and even gave her grandmother insulin shots.

Most children would have been squeamish, but not Penny. She was bright and loved science. This path led her to attend Barnes College of Nursing in St. Louis where she received a scholarship. After she graduated in 1961, she went on to work as a nurse at the former Barnes Hospital for 30 years.

“I have such gratitude for my nursing education and my time as a nurse at Barnes,” Penny says. “It was an incredible experience. Being a nurse has influenced everything I’ve done in my life.”

Eventually, she brought her nursing expertise home when her husband and mother became seriously ill.

“I became a better nurse after caring for both my husband and my mother,” Penny says. “I gained a greater understanding of the emotional involvement that family members go through.”

After Penny retired from nursing and her husband passed away, she missed caring for others. “That’s when a neighbor asked me to volunteer in health clinics for underserved areas,” Penny says. “That was the spark I needed to give back.”

Penny not only gives her time but she also supports nursing scholarships at Goldfarb School of Nursing at Barnes-Jewish College through The Foundation for Barnes-Jewish Hospital. Goldfarb School of Nursing at Barnes-Jewish College is a legacy school of Goldfarb. In addition, she continues to volunteer at a local hospital and serves on the Goldfarb Alumni Advisory Council.

“MY nursing education has enriched my life and allowed me to continue helping others even after I retired,” Penny says. “That’s why I want to support nursing scholarships at Goldfarb as well as the school’s important impact on nursing education. As health care changes, nurses will play a bigger role than ever.”

She continues: “I’m extremely grateful I’m able to give back monetarily and through service. Volunteering and donating give me purpose.”

Penny’s talented mother made several intricate tapestries over her lifetime. Many of these beautiful pieces are displayed in Penny’s home in memory of her mother.
Read more about how Jennifer Hillman was inspired by the survivors in her life to give back to innovative cancer research.

(page 4)
As a child, Patrick White, MD, had the unique opportunity to make house calls with his father, a physician, on patients who suffered from cystic fibrosis, a life-limiting lung disease.

“It was inspiring to see the gratitude of patients and families as my dad offered compassion and care,” Patrick says.

This example led Patrick to follow in his father’s footsteps. Patrick became a physician and directed his medical focus to finding better ways to care for patients at the end of life. Today, Patrick is chief medical officer for BJC Hospice and is leading the care team for a new hospice house in St. Louis known as Evelyn’s House, opening in summer 2017.

Philanthropy through The Foundation for Barnes-Jewish Hospital was essential to making Evelyn’s House a reality. After Patrick saw firsthand the impact that giving has on patient care, he was moved to become a donor, too.

“It’s humbling to see the altruism of our community,” Patrick says. “It has inspired me and my wife, Libby, to personally donate, knowing that we, too, can help.”

In addition to other causes, the Whites support genetic disease research at Washington University through The Foundation after a friend’s baby was born with a rare, life-limiting genetic disorder. “Genetic disease research can make a real difference for many families,” Patrick says. “As a hospice physician, I want to see diseases prevented or curable so fewer patients have to go through the experience of fighting a life-limiting disease.”

While Patrick gives as a donor personally, his work allows him to use other donor gifts to improve patient care. Because of donor generosity, Patrick and the hospice care team can provide a full spectrum of end-of-life care to patients through Evelyn’s House and BJC Hospice.

“Gifts through the Foundation are making it possible for us to train and educate more doctors and nurses around the community about how to provide the most compassionate, skilled care at the end of life,” Patrick says. “I’m forever grateful to the patients, families, and other donors who have given to make life better for so many others.”
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THE FOUNDATION FOR BARNES-JEWISH HOSPITAL BOARD OF DIRECTORS 2017

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